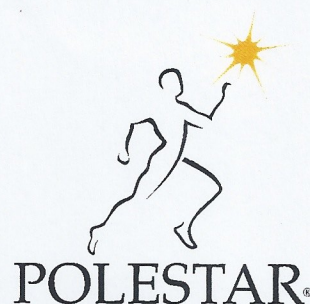


CONTINUING EDUCATION VALIDATION FORM



This is to verify that CLAUDIA BLASIMANN
has attended a Continuing Education Program by personal fitness herzig & latscha in
cooperation with Pilates Polestar.

Workshop "Pilates Learns to Fly" (according to the guidelines of Polestar Education)

13-05-2012

Basel

Switzerland

DATE CITY, STATE

Michael Brunner / Markus Latscha

This course consisted of 7 hours of learning and experiencing a Suspension System in combination with Pilates Training: According to the guidelines of Polestar Education, the aim of the workshop was to experience how to apply Pilates Exercises to a Suspension System, to participate in Suspension - Mat Combo and to experience an Athletic Conditioning group class. All workshop material is for use with a healthy adult population already familiar with the Pilates method.

A handwritten signature in blue ink, appearing to be "M. Brunner" or "M. Latscha", written over a horizontal line.

SIGNATURE OF CEU PROVIDER